

FULVIC MINERALS

GET STARTED GUIDE



TABLE OF CONTENTS

- 1 GETTING STARTED: HOW TO USE OUR FULVIC ACID MINERAL POWDER**
- 2 MORE WAYS TO USE**
- 3 ON CHLORINE & FULVIC + STUDIES**
- 4 ABOUT OUR FULVIC MINERALS**
- 5 BENEFITS OF FULVIC**
- 6 WHY OUR FULVIC ACID MINERAL POWDER?**

THE INFORMATION PRESENTED IN THIS DOCUMENT IS PROVIDED FOR EDUCATIONAL PURPOSES ONLY AND DOES NOT SUBSTITUTE PROFESSIONAL MEDICAL ADVICE.

THIS PRODUCT (FULVIC ACID MINERAL POWDER) IS A SUPPLEMENT AND IS NOT INTENDED TO CURE, TREAT, PREVENT, OR DIAGNOSE ANY DISEASE. INDIVIDUAL RESULTS FROM USING FULVIC ACID MINERAL POWDER MAY VARY.

THIS DOCUMENT CONTAINS AFFILIATE LINKS.

FULVIC MINERALS

HOW TO USE

This is highly concentrated food grade fulvic.
Start Slow! A little goes a long way!

START LOW & GO SLOW

- **Start your fulvic acid journey with a low dose and gradually increase.** Begin with 1/64 teaspoon daily, and over a few weeks, work up to 1/32 teaspoon. You may continue to increase your dose up to 1/16 or 1/8 teaspoon over another few weeks. **For pregnant or breastfeeding women, the elderly, and those with health conditions, start with 1/64 teaspoon.** If you experience detox reactions, reduce the dose to a small sprinkle. Use room temperature water to prevent clumping.
- **Dosing for children 1+:** I give ~1 oz (shot glass size – or just a few sips) from my own daily serving, so my child's dose slowly increases as mine increases. Alternatively, start with just a tiny dash in 2–3 oz of water.
- The scoop provided measures 1/8 teaspoon, with 70 scoops per bag. Tiny measuring spoons (1/64 tsp and up) are available on Amazon.
- Half a scoop (1/16 tsp) daily gives 140 servings per bag; A quarter scoop (1/32 tsp) daily gives 280 servings per bag. One bag lasts months!
- **Increase water intake while using fulvic acid.** Benefits may be immediate or take a few weeks. Stick with it daily for several months for best results.
- If you feel tired or get a headache, skip a day and then lower your dose by half. Drink plenty of water.

RECOMMENDATIONS

- Take your fulvic first thing in the AM on an empty stomach. To avoid clumping, just sprinkle it lightly across the top/surface area of a glass of non-chlorinated room temperature water and let it sit for a minute – it will mix itself up. Then drink within 15 minutes for the full effect. Please drink in glass or stainless steel, not plastic. You can take fulvic any time of day, I just recommend in the AM as it may give you energy.
- Fulvic is fine to take right with your superfoods and other natural supplements. It boosts the nutrient absorption.

PRESCRIPTION MEDS

- Fulvic won't stop the effect of medication, if anything it would increase the effect of the medication. Sometimes we find that people don't need as much medication. It's important to get regular checkups from your healthcare professional every 2-3 months after taking fulvic, as you may not need as high of a dose as the body regulates.
- Please take fulvic two hours before or after taking prescription medicine.

MORE WAYS TO USE OUR FULVIC MINERAL POWDER

- **Detox bath:** We recommend 1/2 tsp in a bath (4 scoops). Use hot water for balneotherapy. For a smaller detox bath **for a baby/toddler**, use 1/8 tsp (one scoop). *It is best to use non-chlorinated water, or see next page for neutralizing chlorine in water.
- **Foot bath:** We recommend using 1 /4 tsp of fulvic in a small foot bath (2 scoops). You can also add your fulvic to an ionic bath for a deeper detox. I use a glass lasagna bowl or steel pan as it doesn't need a lot of water and there is no plastic leaching. Make sure the water is warm/hot. *It is best to use non-chlorinated water, or see next page for neutralizing chlorine in water.
- **Face mask:** We recommend adding 1 to 2 scoops of fulvic to equal parts water to make a face mask. Adjust according to thickness you want on face.
- **Toothpaste:** Sprinkle a pinch onto your toothbrush, OR you can make up your paste with fulvic, bicarbonate of soda and even add a drop of essential oil like peppermint or clove and add water to mix into a paste. (Use the same amount of fulvic to bicarbonate of soda) This can also be used on teeth, the tongue and gums to change the mouth's PH and improve the condition of your oral microbiome.

CHLORINE & FULVIC

It was discovered that a harmful chloroform gas was created by adding Fulvic to Chlorine. The problem with chlorine is that when it's mixed with organic matter it forms compounds called trihalomethanes (THMs), also known as disinfectant by-products. The studies shown were not using plant based Fulvic (like ours). Nevertheless, it could still render the Fulvic useless.

Some methods to neutralize chlorine for bathing:

- **Vitamin C:** Using either ascorbic acid or sodium ascorbate, add a teaspoon and wait 5-10 minutes before getting into the tub.
- **Baking soda:** Cheap and easy to use! Adding 2 tablespoons of baking soda to your bath can help unstructure chlorine and eliminate toxins. For added benefits you can combine 2 tablespoons Vit C but they do not have to be used together to be effective. Let the baking soda sit in a full bath for 5 minutes before adding Fulvic.
- **Bath filter/dechlorinator:** like [this spigot filter](#) or [this crystal bath ball](#)

ADDITIONAL INFO ON FULVIC

FIND STUDIES HERE:
[HTTPS://FULVIC.INFO](https://fulvic.info)

Note: Many of the articles on this website reference "shilajit", which is effective due to its fulvic content. Our fulvic is superior to and even more bioavailable than shilajit because our fulvic is soil/plant based. Shilajit comes from rocks and is usually extracted using harsh chemicals. Our fulvic is like shilajit on rocket fuel!

Our fulvic powder has 4x the fulvic content of shilajit, and is extracted using only water.

ABOUT OUR FULVIC MINERALS

By enriching your body with natural minerals such as fulvic, you are supporting its innate balance-seeking nature in the pursuit of homeostasis. Loading up on these minerals provides your body with the opportunity to achieve and maintain equilibrium.



Fulvic Acid Mineral Powder

70 SERVINGS

Fulvic ACID
MINERAL POWDER

NATURALLY
ANTI-MICROBIAL,
ANTI-BACTERIAL &
ANTI-FUNGAL

BUY NOW

Fulvic Acid is a naturally occurring compound created from the decomposition of organic plant matter. It is one component of humus, and can be found in soil, rock sediments, and bodies of water.

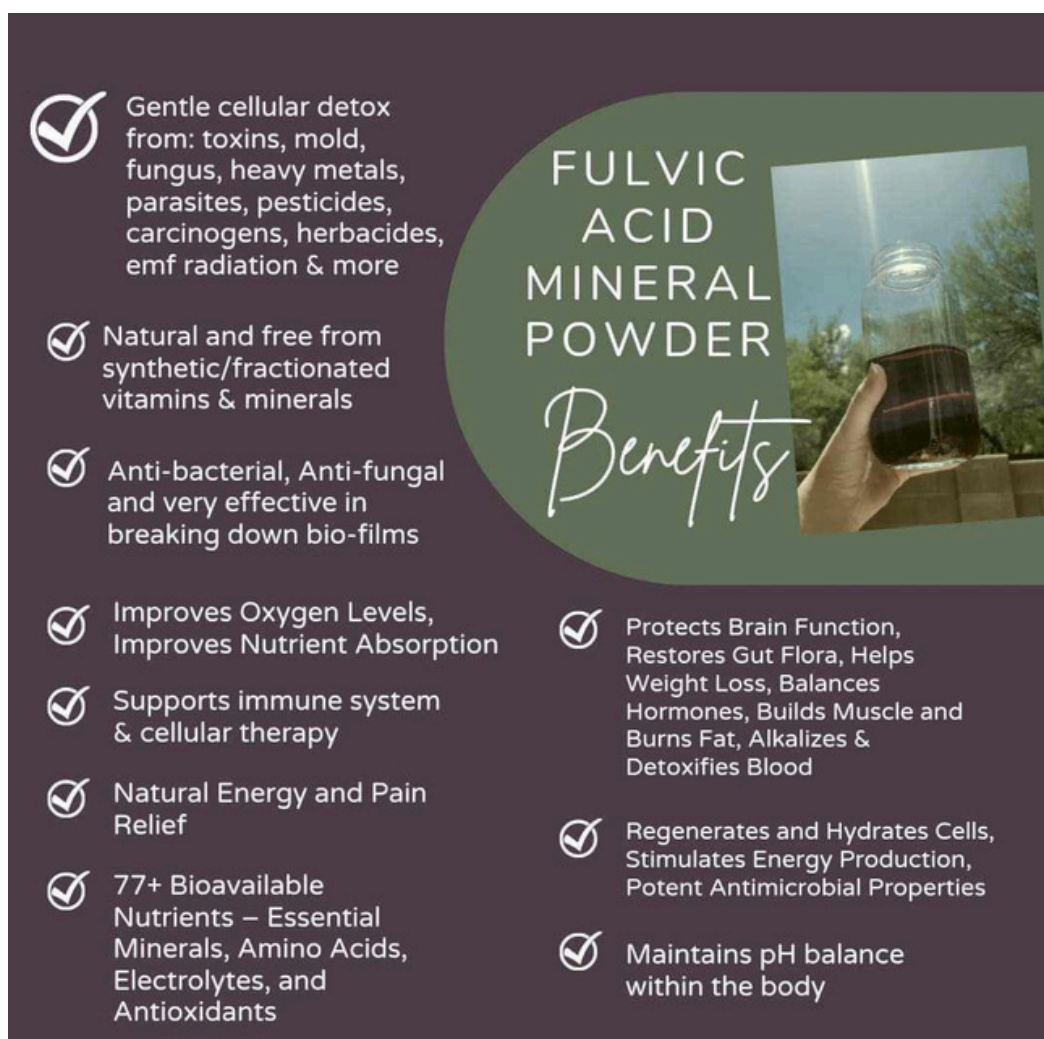
Fulvic Acid is one of the best electrolytes known to man, and has been found to be an essential component in the metabolic process of living cells. When naturally coupled with minerals through the organic process of humification, fulvic acid is water soluble, highly stable, functions at a wide pH range, and is known as fulvic minerals (fulvates).

Fulvic Acid is naturally anti-microbial, anti-bacterial, and anti-fungal. Fulvic Acid naturally provides nutrient density to fruits and vegetables, can remineralize water, and may help replenish trace minerals missing in our diet.

BENEFITS OF FULVIC ACID

Researchers have recently begun studying fulvic acid more closely, and have made some surprising discoveries. Fulvic Acid has the unique ability to react with both negatively and positively charged unpaired electrons and render free radicals harmless. At the cellular level, fulvic acid can help correct cell imbalances, stimulate growth and repair, and support energy production.

Manufactured in the USA, our Fulvic Acid Mineral Powder is not a coal derivative. It is non-toxic, gluten-free, non-GMO, bio-degradable, allergen-free, not irradiated, and free of harmful chemicals. It is completely water soluble and contains a remarkable array of 70+ trace minerals, 70+ electrolytes, antioxidants, amino acids, enzymes, and flavonoids.



The infographic features a dark purple background with a central green circular graphic. The green circle contains the text 'FULVIC ACID MINERAL POWDER' in white, bold, sans-serif font, and 'Benefits' in a white, cursive script font. To the right of the text is a photograph of a hand holding a glass jar filled with a dark, reddish-brown liquid, with a beam of light shining through it. The background of the infographic is a dark purple color with a subtle texture.

- ✓ Gentle cellular detox from: toxins, mold, fungus, heavy metals, parasites, pesticides, carcinogens, herbicides, emf radiation & more
- ✓ Natural and free from synthetic/fractionated vitamins & minerals
- ✓ Anti-bacterial, Anti-fungal and very effective in breaking down bio-films
- ✓ Improves Oxygen Levels, Improves Nutrient Absorption
- ✓ Supports immune system & cellular therapy
- ✓ Natural Energy and Pain Relief
- ✓ 77+ Bioavailable Nutrients – Essential Minerals, Amino Acids, Electrolytes, and Antioxidants
- ✓ Protects Brain Function, Restores Gut Flora, Helps Weight Loss, Balances Hormones, Builds Muscle and Burns Fat, Alkalizes & Detoxifies Blood
- ✓ Regenerates and Hydrates Cells, Stimulates Energy Production, Potent Antimicrobial Properties
- ✓ Maintains pH balance within the body

WHY IS OUR FULVIC THE BEST?

The best fulvic powder I recommend is food grade, 100% bioavailable, tested for safety on every batch, and has 4x the fulvic content of shilajit. Can use topically too (face mask, detox bath, etc)!

Not all fulvic acids are created equal.

Most fulvics you find online, including shilajit, are low quality and extracted using harsh chemicals (bad for the environment AND bad for your body). For example, the fulvic found on Amazon is generally FERTILIZER grade fulvic and/or highly diluted. It can do more harm than good. These fulvics are not tested for safe levels of heavy metals, and often do not come with any certificates showing proper safety testing was done.

Our fulvic is 40% fulvic by weight, 100% water soluble and 100% bioavailable:

Nearly all fulvic acids on the market are about 0.1% bioavailable - (so you're getting roughly 400x more potency per serving of our fulvic acid than most other brands). From a source in the Southern US over 30 million years old formed by the decomposition of plant matter by microorganisms in the soil. Our fulvic contains both marine nutrients as well as freshwater nutrients, and our fulvic acid is both fulvate and free form. Safe for vegans, have no allergens, and no GMO material. The breakdown of organic material for long periods of time condenses these plant compounds down to their essential molecules.

Fulvic acid extraction process:

We do not use any chemicals or harsh substances for extraction. We have developed an environmentally-kind harvesting methodology. A significant step in this process includes a lengthy curing procedure (upwards of a year and a half to two years) of the raw compost to homogenize the marine and freshwater layers of the material. Once properly cured, the material can accept a water extraction versus requiring harsh chemicals. We utilize a purified multi-stage reverse osmosis water to extract the organic acids, minerals and polyphenols.



BUY NOW

WHY IS OUR FULVIC THE BEST?

CONTINUED

We employ stringent controls and processes for product consistency and solubility:

We are among the top-tier fulvic manufacturers that submit our product to third party testing on every batch produced. Thus we can guarantee the consistent quality of our product. A sample of each batch is reserved for quality assurance. This fulvic is Lamar and Third party tested on every batch extraction with a public COA (Certificate of Analysis) available online right where you order. *This fulvic is fully soluble and has far more fulvic acid than any Shilajit we have tested using the recognized standard Lamar/ISO testing method. It has 2-4x the fulvic acid content of shilajit. The reason you only need so little of this fulvic is because it is super high quality and food grade highly concentrated.

High Test Results Prove Antioxidant Activity:

Antioxidants, such as those naturally generated by our bodies, are protective agents against oxidative damage by neutralizing free radicals. A specialized test was conducted on Our fulvic. The Trolox Equivalence Antioxidant Capacity (TEAC) test revealed our fulvic to have 173 times greater antioxidants than pomegranate and 188 times more antioxidant power than blueberries! Amino acid and polyphenol content: The complexity of resident macro and micro minerals, polyphenols, trace elements, ionic minerals plus organic acids, and over twenty flavonoids is evidence of a plant origin fulvic acid. Each organic acid has a beneficial function in biology. Our fulvic contains both free form fulvic acid and fulvate salts (fulvic acid molecules bound to minerals). Organic acids, polyphenols, and flavones are found in conventional foods. The organic acids in our products are known to function as antioxidants, which support the mitochondria, and many biological systems such as digestion, nervous system, cardiovascular and others.

Enzymes for utilization:

Our specialized 1.5-2 year fermentation process ensures that the enzymes required for use of fulvic acid are present. Because Fulvic acid has been missing from so many people's diets for so long - most people don't make the necessary enzymes required to utilize Fulvic acid properly. This is where our specialized product saves the day - and provides the necessary enzymes for utilization.

